



**Lincoln City
Foundation**

Registered Charity Number: 1128464

PRIMARY SCHOOLS PROGRAMME

2021 – 2022 Academic Year



HAPPIER | HEALTHIER | INSPIRED COMMUNITIES

INTRODUCTION

We are delighted to announce our new Lincoln City Foundation Primary School Packages, which aim to inspire, challenge and deliver high quality provision for your school. Our services are designed to meet the Department for Education (DfE) guidelines for primary school sport funding. We also have other services and courses that can support your pupil premium students and your staff with their PPA time.

The Lincoln City Foundation Primary School Packages, have been designed to assist schools to see improvement across the 5 key outcomes of the PE and sport premium funding:

- THE ENGAGEMENT OF ALL PUPILS IN REGULAR PHYSICAL ACTIVITY

Regular PE and after school club sessions

- THE PROFILE OF PE AND SPORT IS RAISED ACROSS THE SCHOOL AS A TOOL FOR WHOLE-SCHOOL IMPROVEMENT

Embedding values, delivery of health workshops and celebrating successes with our VALUES CHAMPION trophy

- INCREASED CONFIDENCE, KNOWLEDGE, AND SKILLS OF ALL STAFF IN TEACHING PE AND SPORT

School staff observing delivery to gather ideas and the option of formal mentoring by LCF staff

- BROADER EXPERIENCE OF A RANGE OF SPORTS AND ACTIVITIES OFFERED TO ALL PUPILS

With LCF almost every appropriate sport is available for primary school children

- INCREASED PARTICIPATION IN COMPETITIVE SPORT

We run competitions and PE/ASC sessions have elements of competition

Our school delivery has been a huge success. We now want to provide added value to our highly regarded services by creating strong and sustainable partnerships with schools through our bespoke packages. We hope you decide to renew or invest in a partnership with Lincoln City Foundation and join us in our journey to create a healthy, happy and positive environment for children to develop and learn.

We look forward to being part of your school and helping you to achieve your key performance indicators and targets.

RAJ RANDHAWA
HEAD OF COMMUNITY



ABOUT US

Lincoln City Foundation is a registered charity (1128464) based at LNER Stadium. We pride ourselves on the quality of our delivery in local primary schools. Whilst we receive some funding for our delivery, we also need to generate income through our packages, which is all re-invested into the primary schools' programme that we offer. We hope that every child that engages with our programme has fun, learns and progresses to the best of their abilities in sport and life.

We employ a group of highly qualified staff who have a broad range of experience working within a school environment. Our minimum requirements include:

- 1st 4 Sport Level 3 in Supporting the Delivery of PE & School Sport or a recognised teaching qualification
- 1st 4 Sport Level 2 NGB Qualified
- An up-to-date enhanced DBS check carried out every 3 years
- First Aid qualification
- A safeguarding and protecting children certificate
- Relevant and suitable insurance

The Lincoln City Foundation team will be responsible for planning, leading and delivering all activities. The lead staff member will ensure the session is suitable for the children. The safeguarding and welfare of children is paramount, and we facilitate inclusivity in all of our activities.

Our staff are covered under our own liability insurance, which covers them up to a value of £100,000,000 for employee liability, £300,000,000 for public liability and £300,000,000 for product liability.

OUR BEHAVIOURS

Our values shape our behaviour towards each other and influence our relationships.

WE WILL ALWAYS STRIVE TO...

BE RESPECTFUL

We will always treat everyone equally and without prejudice.

BE PASSIONATE

We will bring energy, enthusiasm, and a hunger to make a difference and have impact.

BE ADAPTABLE

We will listen, be open minded, and innovative to meet the needs of our communities.

BE REFLECTIVE

We will be agile, responsive, and always evaluate and review the quality of our provision.

BE PROUD

We will lead by example, always striving for excellence, and taking pride in everything we do.





17 GOALS - 17 CITIES - 1 MISSION

RETHINK FOOD

A unique, immersive project awaits...



Participating schools will each receive a Rethink Food Futures package that included a growing tower, educational resource, staff training and specific UN climate Change Challenge resource



To register an expression of interest in this fully funded project please email education@lincolncityfoundation.co.uk

#Glasgow #Edinburgh #Newcastle #York #Leeds #Bradford #Manchester #Liverpool #Lincoln #Leicester #Birmingham #Cardiff #Bristol #Cambridge #London #Southampton #Exeter

SPORTS AND ACTIVITIES

There are a vast range of sports and activities that we offer as part of our PE, After School and PPA services.

SPORT AND ACTIVITIES

- Football
- Basketball
- Handball
- Hockey
- Tag Rugby
- Athletics
- Gymnastics
- Dance
- Lacrosse
- Tag and invasion games
- Tri-golf / street golf
- Tchoukball

SPORT AND ACTIVITIES

- Tennis/mini Squash
- Cricket
- Rounders
- Badminton
- Archery
- Multi-sport skills
- Dodgeball
- Netball
- Quidditch
- Mini-bikers Balance-Ability
- Active Yoga / Yoga, Mindfulness and Mental Wellbeing
- Kinball

SERVICE BREAKDOWN

IMPS SCHOOL PE DEVELOPMENT AND CURRICULUM SUPPORT

Price: £30 per hour (Package Price: £25)

Lincoln City Foundation coaches will deliver sessions based on our values and delivery philosophy. These sessions will include:

- Delivery in line with the IMPS values and behaviours
- Your staff having the option to observe sessions, or they may wish to support and take some delivery
- Our staff will support your school and the children to give them a great experience during PE lessons
- A range of sports and activities on offer (see 'Sports & Activities')
- Schemes of work and lesson plans based on the National Curriculum
- Cross-curricular activities.



IMPS AFTER SCHOOL CLUBS

Price: Sessions cost £3 per child per week for parents/guardians. Schools may opt to fund places (minimum 12 children required)

We can provide:

- Delivery in line with the IMPS values and behaviours
- Clubs of any sporting variety to support a school in their extended provision. Including multi- skills to develop motor skills and fundamental movements (see 'Sports & Activities')
- Opportunity to be open to all, or specifically work with a school team
- We can provide clubs for EYFS KS1 and KS2 children, tailoring the provision to their specific needs.



IMPS PPA COVER

Price: £30 per hour (Package Price: £25)

With the introduction of PPA time (Planning, Preparation and Assessment time) in schools, we provide a proven School Sports Programme to cover teachers' 10% PPA non-contact time. We have compiled a comprehensive programme, which assigns qualified coaches to schools to deliver PE and School Sport. All our lessons are based on the National Curriculum. We can provide:

- Delivery in line with the IMPS values and behaviours
- An affordable solution to PPA cover, using minimum of Level 2-qualified coaches and staff
- A range of sports and activities on offer (see 'Sports & Activities')
- Schemes of work and lesson plans based on the National Curriculum
- Classroom activities



FULL DAY OF IMPS PPA

Price: £150 (in school) £250 (at LNER Stadium) (Package Price: £120 and £225 respectively)

This is a fantastic opportunity to engage a large cohort of children in an innovative way. We can deliver to a variety of year groups, a particular key-stage, a particular year group or a selected group of pupils. We would be able to:

- Deliver a variety of subjects throughout the day (Active Maths, Active English, P.E. and PSHE), in line with the IMPS values and behaviours
- A range of sports and activities on offer (see 'Sports & Activities')
- Enterprise challenge at LNER Stadium
- Deliver at your school or children would be able to come to the stadium
- Office space provided for teacher to work at LNER Stadium
- All lessons to be planned and delivered by qualified staff (Maths and English would be planned by a Qualified Primary Teacher)
- A one-off treat or regular days at the stadium throughout the year.



SERVICE BREAKDOWN

IMPS MATCHDAY MATHS AND ENGLISH

Price: £360 per course (Package Price: £330)

This is an immersive and educational match day experience. Children will be able to attend the stadium on a match day supervised by teachers. Lincoln City Foundation Coaches will deliver a programme which will include:

- An English and Maths workshop will be delivered to the class – maximum of 30 (40-minute workshops)
- Whilst watching the first half of the game, children will be able to make notes or record themselves commentating, this will be used to create a match report when they go back to school
- Whilst watching the second half of the game, children will be able to record data by simply tallying stats and this can be used to create tables and graphs when they go back to school.



IMPS QUIDDITCH

Price: £250 per course (Package Price: £225)

Yes Quidditch! We have partnered up with The Youth Quidditch Group (The NGB of Quidditch in the UK) to be able to deliver this amazing sport to our partner schools. With this new sport we will:

- Delivery in line with the IMPS values and behaviours
- Get children active, engaged and using their imaginations
- Deliver sessions so that children can begin to understand how to play the game (which is played competitively at universities)
- Be able to link PE to your school curriculum if you have a Harry Potter theme planned in at any point of the year.



IMPS FOOTBALL FUNDAMENTALS

Price: £180 per course (Package Price: £150)

This is a 6-hour programme aimed at KS1 children through the subject of Football. The aim is to:

- Deliver in line with the IMPS values and behaviours
- Teach ABC's (Agility, Balance and Co-ordination) in a fun way through a variety of games
- To introduce basic skills that are transferable across sports
- To develop children's fundamental movements skills and aid their physical literacy.



IMPS YOGA, MINDFULNESS AND MENTAL WELLBEING

Price: £250 per course (Package Price: £225)

This course will be designed to help children to:

- Improve their focus
- Improve mental well-being
- Develop some coping strategies for stressful situations and feel calmer
- Get them active and maintain/increase their flexibility and control.



SERVICE BREAKDOWN

IMPS TRI-GOLF / STREET GOLF

Price: £250 per course (Package Price: £225)

We have partnered up with The Golf Foundation (The NGB of Golf in the UK) to be able to deliver tri- golf and street-golf in schools. This will be in-conjunction with The Lincoln Golf Centre and The Lincoln Golf Club. Children will have the option of a free session at the club, which replaces the last lesson at school. With this new sport we will:

- Deliver in line with the IMPS values and behaviours
- Get children active, engaged and improving their motor skills
- Deliver sessions so that children can begin to understand how to play the game
- Provide an opportunity for children to experience a new sport and have lots of fun with the element of street golf
- Give schools the option of a free session at the partner venue, which replaces the last lesson at school, and enjoy a session with the golf pro, in a non-traditional, friendly and welcoming environment.



IMPS LUNCHTIME SUPERVISOR TRAINING

Price: £250 per course - maximum of 5 staff members (Package Price: £225)

We are offering a fantastic new initiative (6x1 hour sessions) to help develop your staff in order to get children active at lunch times throughout the week without delivering a formal lunch time club. This project aims to:

- Leave a legacy of being healthy and active every single day
- Help staff to understand how to get children active and engaged at lunch time (whilst respecting the fact that it is the children's time for a break, and they should be able to spend it as they wish within the school rules)
- Help children make new friends and help others to enjoy lunch times.

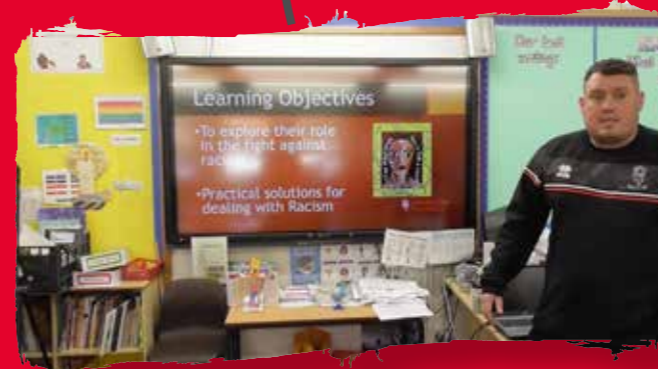


IMPS STAND UP SPEAK UP (PSHE)

Price: £250 per course (Package Price: £225)

We have designed a programme to support schools around the subject of Culture, Diversity and Racism. The programme involves:

- Delivery of 6x1 hour lessons which cover topics such as Stereotyping, Racism, Being Unique, Identity and Campaigning against Racism
- Use of sport as a universal subject to bring the subject to life
- A wide range of activities and games to educate children and create an environment where the topics are able to be discussed in a safe and positive manner.



ACTION IMPS (PSHE)

Price: £300 per course (Package Price: £250)

The 6-week programme aims to inspire children to learn how to build stronger, safer and inclusive communities through positive, collaborative action. This can be done during curriculum time or as an extra-curricular club during lunch or after school. The programme includes fun and engaging sessions for children aged 5 - 11 and covers areas such as:

- Listening to self and others
- Building respectful relationships
- Bringing people together to plan action which will make a positive difference
- Evaluating the impact of the action and leaving a legacy.



SERVICE BREAKDOWN

SPORTS LEADERS PLAYMAKER AWARD

Price: £300 per course

Anyone can become a Playmaker, regardless of their sporting experience or prowess. The recommended age range is 9-11 years old. The Sports Leaders Playmaker Award is a great introduction into leadership giving learners the opportunity to:

- Organise small games and activities with small groups
- Develop their leadership skills such as organisation, communication and teamwork
- Build their confidence and self-esteem as they take on the responsibility of leading their peers and younger children with support from our staff.



KICK IT OUT POSTER COMPETITION

Price: Exclusive to schools who buy a Lincoln City Foundation Primary School Package.

Children are tasked with creating an A4 poster or poem promoting Lincoln City FC based around the theme of inclusion. The school will select the best poster or poem out of each year group, which will be entered in the final amongst other school children posters. Lincoln City FC players will pick their favourite poster out of the finalists, which will be used as part of the match day programme for the dedicated Kick It Out fixture. The competition is aimed at all year groups and aims to:

- Create awareness of the message of equality and anti-discrimination
- Encourage children to think about diversity and acceptance
- Give children the opportunity to win some fantastic prizes
- Each finalist will receive two tickets to the dedicated Kick it Out fixture.



THE FA PRIMARY TEACHERS' AWARD

Price: First priority to schools who buy Lincoln City Foundation Primary School Package

The course provides a basic introduction to the skills required when delivering KS1 or KS2 Physical Education lessons. The course will introduce learners to:

- A variety of best practice sessions in a limited space – realistic to the primary school environment
- Participants will understand how to set a learning environment, how to deliver movement games and appropriate practices, and how to develop practice to accelerate learning
- The award also includes elements associated with working with a school team linked to The FA's Youth development review.



IMPS SCHOOL SPORT TOURNAMENTS

Price: First priority to schools who buy a Lincoln City Foundation Primary School Package.

Throughout the school academic year, we will deliver a range of Tournaments in order to provide competition for a wide range of age groups. Below are some of the competitions we organise:

- EFL Kids Cup (U11s mixed) (Local football tournament at LNER Stadium, which progresses onto Area, Regional and National Finals. National Finals are played at Wembley Stadium)
- Premier League Girls Football Tournament (U11s)
- Premier League Mixed Sports Tournament (U9s)
- Premier League Multi-Sport festival
- The IMPics.



SERVICE BREAKDOWN

IMPS STADIUM TOUR AND FOOTBALL/SPORT ACTIVITY

Price: £250 (Package Price: £225)

This is a chance for children/young people to:

- Explore the dug outs, dressing rooms and places otherwise off limits to the public
- Take a seat where their favourite player sits and dream of getting ready to go out on to the pitch
- Take part in a fun and interactive football or sport activity (maximum 30 children per visit)



THE IMPICS

Price: £40 Entry Fee

This is a fantastic opportunity for your school to enter our flag-ship sports event between schools across Lincolnshire. There will be an initial qualifying round with schools in your area taking part in one after school competition. The schools with the highest qualifying points across Lincolnshire will then be invited to take part in the IMPics Finals at Lincoln City FC. The IMPics will include:

- A competitive sporting competition for KS2 children in Primary Schools
- A variety of sporting events for children to compete in
- The opportunity to take part in the final of the IMPics at Lincoln City FC
- The winners will be featured in our matchday programme
- The chance to win the IMPics Trophy
- Prizes for the top 3 schools



LINCOLN CITY FOUNDATION AND LINCOLNSHIRE COUNTY COUNCIL HEALTH PROGRAMME

Price: £261.07 (Full Day)

This is a fantastic new initiative that we are able to offer having partnered up with Lincolnshire County Council. It focuses on educating children about the benefits of healthy eating as well as supporting your school to create a healthier relationship with food overall.

Lincolnshire County Council would be able to deliver one of the following workshops:

- Food science
- Importance of Breakfast
- Flavour School
- Basic Cooking Skills
- Packed Lunches
- Cooking on a Budget
- School food standards training and certification
- Lunchtime Food and Dining Review

Lincoln City Foundation coaches delivering football sessions.

Lincolnshire
COUNTY COUNCIL
Working for a better future



SERVICE BREAKDOWN

Price: Exclusive to schools who buy a Lincoln City Foundation Primary School Package

Premier League Primary Stars uses the appeal of the Premier League and professional football clubs to:

- Develop skills, knowledge and confidence of teachers to deliver PE with a formal process of mentoring. This involve the teacher observing for two weeks, team teaching for two weeks and taking most of the lesson for two weeks.
- Lincoln City FC's Imps in the Community staff work with teachers to deliver fun, inspiring and educational sessions in a range of subjects including Active English, Active Maths PSHE and PE.
- A range of sports and activities on offer (see 'Sports & Activities').
- We are able to support children in their Maths and English lessons, for those that need one to one/small group support.
- The programme provides a wide variety of free downloadable resources for teachers across Key Stages 1 and 2.
- Learning is linked to the real world to help pupils understand topics like resilience, diversity, self-esteem and fair play.
- Registered schools will be able to apply for free kit, equipment and books from celebrated children's authors.



PACKAGES

	PLATINUM	GOLD	SILVER	BRONZE
IMPS School PE Development and Curriculum Support And/or IMPS PPA Cover	234 Hours (6 hours/1 full day per week)	117 Hours (3 hours/1 full day per week)	97 Hours (2.5 hours/1 full day per week)	78 Hours (2 hours/1 full day per week)
Premier League Primary Stars	12 Hours	12 Hours	6 Hours	6 Hours
The IMPics	YES	YES	YES	YES
IMPS Football FUNDamentals	18 Hours = 3 courses	12 Hours = 2 courses	12 Hours = 2 courses	6 Hours = 1 course
IMPS School Football Tournaments	First priority for each school football tournament	First priority for each school football tournament	Second priority for each school football tournament	Third priority for each school football tournament
The FA Primary Teachers' Award Qualification	3 reserved places for school staff to attend the qualification	2 reserved places for school staff to attend the qualification	2 reserved places for school staff to attend the qualification	1 reserved place for school staff to attend the qualification
IMPS After School Clubs*	2 days per week x1 hour throughout the academic year	1 day per week x1 hour throughout the academic year	1 day per week x1 hour throughout the academic year	1 day per week x1 hour throughout the academic year
IMPS Stand Up Speak Up	2 courses	1 course	1 course	1 course
IMPS Stadium Tour and football/sport activity	1 Tour	1 Tour	1 Tour	1 Tour
Sports Leaders Playmaker Award	12 Hours = 2 courses	6 Hours = 1 course	6 Hours = 1 course	X
Action IMPS	6 Hours = 1 course	6 Hours = 1 course	6 Hours = 1 course	X
IMPS Quidditch	6 Hours = 1 course	6 Hours = 1 course	6 Hours = 1 course	X
IMPS Lunchtime Supervisor Training	1 course	1 course	X	X
IMPS Yoga, Mindfulness and Mental Wellbeing	1 course	1 course	X	X
Full Day of IMPS PPA at LNER Stadium (Including Maths, English, PSHE, Art and PE lessons)	2 days	1 day	X	X
IMPS Tri-Golf/ Street Golf	6 Hours = 1 course	6 Hours = 1 course	X	X
Lincoln City Foundation & Lines County Council Health Programme	1 day	1 day	X	X
IMPS Matchday Maths & English	1 day	X	X	X

PACKAGES

INCENTIVES

	PLATINUM	GOLD	SILVER	BRONZE
At least one player visit	Yes	Yes	Yes	Yes
Signed ball	2	1	1	1
Advice and support around school sport	YES	YES	YES	YES
Kick it Out poster competition	YES	YES	YES	YES
Season tickets	4 free season tickets	4 free season tickets	2 free season tickets	X
One signed home shirt	YES	YES	YES	X
Match day promotion	One article in a match day programme promoting the school	One article in a match day programme promoting the school	X	X
Christmas raffle prize*	YES	X	X	X

*Select an item from the club shop (up to the value of £100)

PRICES

	PLATINUM	GOLD	SILVER	BRONZE
Package value	£12,782.00*	£7,812.07*	£5,323*	£3,269*
Discount	£2,795.93	£1,981	£1,333	£679
Package Cost	£9,986.07*	£5,831.07*	£3,990*	£2,590*

*Exclusive of After School Clubs. After school club sessions cost £3 per child per week, or schools may opt to fund places (minimum 12 children required).

If you would like to book a package or some of our services, please do so at your earliest convenience to avoid any disappointment.

To book please contact:

MANRAJ SUCHA – SCHOOLS AND COACH DEVELOPMENT MANAGER

Manraj.Sucha@lincolncityfoundation.co.uk
01522 563792 / 07736 900351

If you would like any more information or would like to request a meeting about our services, we are more than happy to discuss the packages in more detail.

Please visit our website for further information:
www.lincolncityfoundation.com/school-programmes





Lincoln City Foundation

Lincoln City Foundation, LNER Stadium, Sincil Bank, Lincoln, Lincolnshire, LN5 8LD.

Lincoln City Foundation is a charity registered in England and Wales no. 1128464.

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